#### Mikvah.org Links and Resources

### 1. Mikvah.org/audio

Here you will find all of our podcasts. New podcast episodes are released here and they cover a wide range of topics including Mikvah, Shalom Bayis, Child Rearing, and more.

### 2. Mikvah.org/breastfeeding

Here you will find all the halachos about breastfeeding, including breastfeeding on Shabbos, Yom Tov and fast days.

#### 3. Mymikvahcalendar.com

Learn all about the My Mikvah Calendar here. You will find instructions on how to use the different features of the app, FAQs, contact information for any questions you may have and a direct link to downloading the app to your personal device.

### 4. Mikvah.org/childbirth

Find a comprehensive booklet written out on the halachos of childbirth on Shabbos and Yom tov. Click the link provided on the website to download the PDF version.

### 5. Mikvah.org/directory

The Worldwide Mikvah Directory offers access to Mikvaos around the globe. It provides the addresses, names, and contact information for each Mikvah.

### 6. Mikvah.org/gallery

This page showcases photos of some beautifully renovated Mikvaos in various locations.

# 7. Mikvah.org/Helpline

Our newest addition to our organization - PURE Helpline. Check this page for updated hours, the Helpline phone number and more information on what the Helpline is all about.

# 8. Mikvah.org/instructors

A full list of all of our Mikvah.org certified Kallah teachers along with their contact information.

### 9. Mikvah.org/kahoot

#### Mikvah.org Links and Resources

Find 5 different Kahoot challenges to help test your Taharas Hamishpacha knowledge and help you review the Halachos.

### 10. Mikvah.org/login

Log into your Mikvah.org account here and use it to place orders online. If you are a certified Kallah teacher, or you purchased the Attendant training, this is where you'll find your classes as well.

### 11. Mikvah.org/loss

A halachic guide for pregnancy loss. Click the link provided on the website to download the PDF version.

### 12. Mikvah.org/mall

This is our Mikvah Store. Find all things relating to Mikvah including our print calendar, bedikah cloths, checklists and more. In addition you can also find a wide range of books/seforim and various types of gift packages.

### 13. Mikvah.org/media

Find all of our videos, many of which complement our podcasts, covering many subjects including Mikvah, Shalom Bayis, Child Rearing, and more.

# 14. Mikvah.org/mentors

A list of Mikvah.org certified Kallah teachers who are also mentors for new Kallah Teachers. Their contact information is provided so that new Kallah Teachers may easily reach out to them.

### 15. Mikvah.org/rebbe

Find videos where the Rebbe speaks about the concept of Mikvah. Included here is the Jem Rebbe video on the topic of family planning, titled *The Greatest Blessing*.

### 16. Mikvah.org/referrals

A comprehensive list of referrals, ranging from certified therapists, medical professionals and Rabbonim.

## 17. Mikvah.org/slideshow

#### Mikvah.org Links and Resources

Find a slideshow on Taharas Hamishpacha to help you review the halachos at your leisure.

# 18. Mikvah.org/tour

Here you will find a tour of all things Mikvah - including what a Mikvah is, who uses it, how and when it is used and why women go to Mikvah.

### 19. Mikvah.org/wedding

Find our full 'Guide to Chabad Weddings' written out on our website. Or, click the PDF file linked on this page to access the guide in its PDF version.

### 20. Mikvah.org/yomtov

Instructions and tips for toiveling on Yom Tov.